

♥ Trading Hours at both Cafe's ♥  
Chelsea Wynberg: Monday - Saturday : 8:00 - 17:00  
Constantia Uitsig: Tuesday - Saturday : 8:00 - 17:00  
Sundays : 09:00 - 16:00

Book Your Celebration with Us!

Visit our website [www.fourandtwentycafe.co.za](http://www.fourandtwentycafe.co.za) for our Breakfast, Brunch,  
Lunch & Afternoon Tea set menus for groups up to 30 guests!  
Sweet and Savoury Catering lists also available



## ♡ About Us ♡

Welcome to Four and Twenty, a place where tradition meets passion. We are Bianca and Chris, a dedicated married couple with a shared love for exceptional food and warm hospitality. Our journey began overseas, where we first met while working on yachts. Since then, we've cultivated a wealth of international experience, with Chris honing his skills in some of the world's finest dining establishments and both of us discovering the beauty of diverse culinary traditions.

We are truly excited to have the opportunity to continue the legacy of this beloved restaurant. Our goal is simple, to keep the things that make this place special just as they are, while adding our own personal touch and experience. Our promise is to uphold the welcoming atmosphere and quality that you've come to know and love, all while ensuring every visit is filled with great food, excellent service, and unforgettable memories.

Thank you for joining us on this exciting new chapter, we look forward to welcoming you, sharing delicious meals, and continuing the rich tradition of hospitality here at Four and Twenty. Where nothing is ever too much trouble.



## *Breakfast Served All Day*

### **CHELSEA BREAKFAST BOWL**

R104

Vanilla Seed 'Panna Cotta' – Style' Yoghurt,  
Honey-Roasted Cashew Nut & Mixed Seed Granola,  
Fresh Seasonal Fruit, Lime Curd, Mint Salsa, Honey & Poppy Seed Glaze

### **APPLEY EVER AFTER FLAPJACKS**

R140

Fluffy Lime-infused Flapjacks, Apples cooked in a  
Cinnamon & Star Anise Caramel, Caramelised Apple Puree,  
Mascarpone & a sprinkling of Frosted Pecan Nuts  
Crispy Bacon + R38

### **SHAKE-A-LEG SHAKSHUKA**

R142

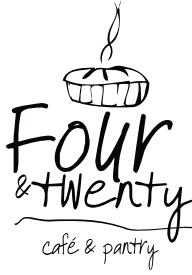
Two Poached Eggs in a Spiced Tomato Smoor,  
Pan-fried Bratwurst Sausage, Creamy Cheese Sauce,  
Wilted Baby Spinach, Tempura Kale Leaves  
Served with toast on the side

### **TURKISH EGGS**

R150

Two Poached Eggs, served with Focaccia Bread,  
In House Dill Labneh, Chilli Oil, Basil Pesto & Spiced Pine Nuts  
Served on Toasted Sourdough

*"Sing a Song of Sixpence, a Pocket full of rye"*



## FRITTATA-licious!

Enjoy for Breakfast, Brunch or Lunch

Our Frittatas may be described as an 'open omelette'...  
3 Eggs whisked up with a choice of 3 flavour combinations

### **VEGGIE FRITTATA**

R102

Portobellini Mushrooms, Confit Baby Tomatoes,  
Baby Spinach, Sliced Avo, Danish Feta Cheese,  
Caramelised Onions, Confit Garlic, Fresh Chives,  
Spring Onions & Wild Rocket Drizzled with Balsamic Glaze

### **RAINBOW TROUT FRITTATA**

R168

Rainbow Trout, Dill Cream Cheese, Caramelised Onions,  
Confit Garlic, Fresh Dill, Baby Spinach, Wild Rocket Leaves, Lemon & Lime

### **CHORIZO FRITTATA**

R158

Chorizo Napoli Slices, Portobellini Mushrooms,  
Danish Feta, Confit Baby Tomatoes, Baby Spinach,  
Caramelised Onions, Confit Garlic & Wild Rocket Leaves

All Frittatas are served with a choice of either:  
Toasted Sourdough brushed with Herb Butter I Baby Leaf Salad

*"Four & Twenty Blackbirds Baked in a Pie"*



## Benedict Favourites

### EGGS BE.LICIOUS

R96

Two Poached Eggs on Toast  
Confit Baby Tomatoes, Classic Hollandaise Sauce  
Crispy Bacon + R38  
Smoked Rainbow Trout + R68  
Toasted Sourdough | 70% Rye | Sweet Potato Gluten Free  
R6 supplement for the gluten free bread

### EGGS BE.LEAN \* BANTING FRIENDLY

R110

Two Poached Eggs served on a Truffled Aubergine  
Mushroom Rosti, Confit Baby Tomatoes, Yoghurt Hollandaise  
Crispy Bacon + R38  
Smoked Rainbow Trout + R68  
Toasted Sourdough | 70% Rye | Sweet Potato Gluten Free  
R6 supplement for the gluten free bread

### EGGS BE.ORIENTAL \* BANTING FRIENDLY

R110

Two Poached Eggs, Pan-fried Exotic Mushrooms,  
Buttery Edamame Beans, Umami Hollandaise  
Sesame Crusted Crispy Bacon + R38  
Smoked Rainbow Trout + R68  
Toasted Sourdough | 70% Rye | Sweet Potato Gluten Free + R16

### GREEN EGGS & HAM

R136

Two Poached Eggs, Dijon-brushed Sourdough,  
Fresh Basil Hollandaise, Pan-Crisped Hickory Ham  
& Fresh Baby Rocket Leaves

*"When the Pie was opened, the Birds began to Sing,  
wasn't that a dainty dish to serve before the King?"*



Create your Own

**FRESHLY BAKED** - served fresh or toasted

Sourdough   70% Rye	R16
Sweet potato gluten free	R20
Butter Croissant   Bagel	R28

**SCRAMBLED EGGS WITH BUTTER & CREAM**

R36

**EXTRA'S**

Crispy Bacon	R38
Bratwurst pan-fried	R54
Chicken Breast Free Range pan-fried	R38
Hickory Ham   Soft or pan-crisped	R38
Smoked Rainbow Trout ribbons	R68
Avo Sliced (when in season)	R36
Confit / Raw Baby Tomatoes	R24
Portobellini Mushrooms pan-fried	R32
Hollandaise Sauce	R52
'Chillicious' Chilli Sauce	R20
Basil Pesto	R30
Cream cheese	R36
Emmenthaler soft and mild & grated	R24
Feta Danish-style	R30
Mature Cheddar shavings	R32
Gorgonzola	R36

"The King was in his counting house, counting out  
his money"



## French Toast

### **FRENCH TOAST**

R34

Per slice with Golden Syrup  
Sourdough dunked in Custard & fried in Butter

### **FRENCH TOAST WITH CREAM & HONEY**

R85

Slice of Sourdough dunked in Custard & fried in Butter,  
served with Mascarpone & drizzled with Honey - with a choice of  
sliced banana OR fresh berries.

*FOUR & TWENTY MUFFINS  
- served warm with butter -*

### **BLUEBERRY MUFFIN** with Almond Streusel

R44

### **BANANA MUFFIN** with Cocoa Streusel

R42

### **BRAN MUFFIN** with Pecan Streusel

R44

*Dear Beloved Four & Twenty Customer*

Although we indicate that some of our products are Gluten free,  
Vegan and Banting friendly, they are prepared in kitchens where gluten,  
nuts and dairy are used



FOUR & TWENTY scones  
- served warm with butter -

### **CLASSIC VANILLA BEAN SCONES**

R62

Served with Chantilly Crème & a choice of one of our  
Home-made Seasonal Fruit Preserves: Strawberry, Raspberry & Apple Jam  
Lime Curd | Citrus Marmalade | Lemon Curd

### **CARAMELISED ONION, DANISH FETA SPINACH & THYME (V)**

R64

Served with homemade  
Onion Marmalade and/or Beetroot Orange & Chilli Relish

### **BACON, AGED CHEDDAR & CHIVES**

R68

Served with homemade  
Onion Marmalade and/or Beetroot Orange & Chilli Relish

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Vegan and Banting friendly, they are prepared in kitchens where gluten,  
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## Lunch Specialities

### **CRISPY KATSU-STYLE CHICKEN STACK**

R162

Toasted Sourdough, Smashed Avo,  
Crispy Panko-coated Chicken dunked in Sticky Hoisin  
& Spicy Sriracha, Sesame Seeds, Spring Onions  
Topped with Fresh Cucumber, Carrot, Pickled Jalapeño & Coriander

### **JUICY WAGYU SMASH BURGER**

R180

With Mature Cheddar on a Toasted Brioche Bun,  
Pickles, Tomato & Seasonal Leaves  
Served with Chipotle Hollandaise & Crispy Fries  
Add bacon + R30

### **KATSU CHICKEN BURGER**

R170

Crispy Panko-coated Chicken dunked in  
Sticky Hoisin & Spicy Sriracha on a Toasted Brioche Bun,  
Pickles, Tomato & Seasonal Leaves,  
Served with Chipotle Hollandaise & Crispy Fries  
Add bacon +R30

### **GREEN GODDESS PESTO PASTA**

R178

Home-made & Hand-cut Tagliatelle tossed in Basil Pesto,  
Pan-fried Chicken, Artichokes, Feta, Pine Nuts, Blistered Baby Tomatoes,  
Spicy Olive Chimichurri & Fresh Rocket  
PREFER NO CHICKEN? (V)  
Substitute for Pan-fried Portobellini Mushrooms, No problem!

*"The Queen was in her parlour, eating bread & honey"*



## *Sandwiches*

### **SPICY MINCE ON TOAST**

R136

Spicy Savoury Beef Mince, Smokey Aubergine  
Feta Whip Poached Egg, Fresh Mint, Basil Raita & Pine Nut Crumble  
Served on Toasted Sourdough

\*May substitute Toast for an Extra Poached Egg - no charge

\*May substitute Egg for Avo + R9 supplement

### **AVO SUMPTUOUS**

R102

Smashed Avo, Crispy Bacon, Balsamic Glaze

Served with Toast of your choice

VEGAN – Substitute Crispy Bacon for Confit Baby Tomatoes/Mushrooms

### **HAM & CHEESE TOASTIE**

R104

Sourdough, Dijon & Wholegrain Mustard, Hickory Ham,  
Cheesy Bechamel, Emmenthaler, Honey & Mustard Glaze  
Served with a Baby Side Salad

### **F&T REUBEN SANDWICH**

R162

Toasted & Oven Baked Sourdough Sandwich  
Packed with Beef Pastrami, Emmenthaler Cheese, Cabbage,  
Apple & Creamy Horseradish Slaw  
Served with Mustardy Gherkins & a Baby Side Salad  
Push up your sleeves, this is going to get messy!

Toasted Sourdough | 70% Rye | Sweet Potato Gluten Free  
R6 supplement for the Gluten Free Bread

*"The maid was in the garden, hanging out the clothes"*



## *Buns, Bagels, Boards & Sides*

### **BREAKFAST BUNS**

R110

Fried or Scrambled Egg, Streaky Bacon, Crispy Rustic Cut Fries  
Basil Pesto or Tomato Chilli Jam.

### **BETTY'S BAGEL**

R136

Perfectly Toasted, Filled with Olive & Chilli Jam,  
Rocket Leaves, Soft Brie, Pan-fried Chicken Breast,  
Honey & Mustard Aioli

### **SEXY BAGEL**

R168

Perfectly Toasted, Seductively smeared with  
Dill Cream Cheese, Pickled Red Onion,  
Smoked Rainbow Trout Ribbons,  
Wild Rocket & Crispy Capers

### **LOCAL ARTISINAL CHEESE BOARD**

For One: R150 | For Two: R250

A Selection of Three Local Artisinal Cheeses  
Lebanese Inspired Spread Homemade Preserves & Fresh Fruit,  
Toasted Freshly Baked Bread  
Add Charcuterie: For One R30 | For Two R50

### **RUSTIC CUT POTATO CHIPS**

R45

Add Parmesan & Truffle Aioli + R33

### **SWEET POTATO FRIES**

R50

Add Blue Cheese + R33

*"Along came a blackbird and snipped off her nose"*



## Salads

### WYNBERG WALDORF SALAD (V)

R128

Tender Mixed Leaves, Julienne Apples, Shaved Celery, Red onion, Gorgonzola, Smoked Pecan Nuts, Sumac-dusted Croutons & Honeyed Aioli

ADD SLICED CHICKEN BREAST?

Pan-fried Free Range Chicken Breast + R38 supplement

### CRISPY KATSU-STYLE CHICKEN SALAD

R164

Crispy Panko-coated Chicken dunked in Sticky Hoisin & Spicy Sriracha, Sliced Avo & Sesame seeds on a bed of Mixed Leaves, Fresh Cucumber, Carrot, Spring Onion, Pickled Jalapeño & Coriander Dressing

### WARM SALAD OF LENTILS & AUBERGINE (V)

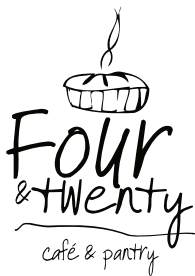
R126

Warm Salad of Lentils, Roasted Aubergines, Griddled Artichokes, Blistered Baby Tomatoes, Danish Feta, Red Onion, Red Wine Vinegar & Cumin Vinaigrette, Fresh Rocket

TRY OUR VEGAN VERSION?

Substitute Feta for Sliced Avo + R14 supplement

*"Sing a Song of Sixpence, a Pocket full of rye"*



Meticulously curated and roasted for Four & Twenty café this blend of Arabica & Robusta beans sourced from South America & Africa is roasted the Italian Way to perfection.

This medium dark roast coffee has undertone chocolate flavour and a silky smooth full bodied finish.

Premium Barrista Crema

"The beans we use for our blend are unique single origin coffee beans from all over the world. Our Espresso blend has as many as nine different varieties that come together to reawaken your palate with aromas & flavors as diverse as: chocolate, truffle oil, hazelnuts, cinnamon, roasted chestnuts & candied red cherries."

**ESPRESSO** - Single shot R24

**AMERICANO** R34

**CORTADO** R36

**MACCHIATO** R30

**CAPPUCCINO** - Iced coffee option available R38

**FLAT WHITE** R38

**LATTE** - Iced latte option available R40

**CAFÉ MOCHA** R46

**BABYCCHINO** R9

Extra Espresso shot +R12

Hazelnut Syrup +R14

Caramel Syrup +R14

Pouring Cream on the side +R18

Whipped Cream (Chantilly) +R18

**RED ESPRESSO** Rooibos Espresso, caffeine free R36

**RED CAPPUCCINO** R38

**ICED MOCHA** R42

Espresso, Honey, Chocolate Powder, Cold frothed Milk, ice cubes



*Something Warm*

## **DARK HOT CHOCOLATE**

R58

Made with only the best -  
Callebaut 54% Dark Chocolate

## **DARK & SEXY HOT CHOCOLATE**

R68

Chocolate-dunked Biscuit & toasted Marshmallow

## **'PUKKA PURE' CHAI LATTES** \*Caffeine Free

R42

CHAI TEA

LITE CHAI TEA - Sugar & Sweetener Free

CHOCOLATE CHAI TEA

## **'FOUR & TWENTY' TURMERIC LATTE**

R46

Turmeric, Ginger, Cinnamon, Cardamon,  
Organic Coconut Blossom Sugar

SOY MILK supplement + R12

OAT MILK supplement + R14

ALMOND MILK supplement + R14



## *Silken Bag Tea Flavours*

### **BLACK TEA**

R36

- \* African Summer  
Marigolds, Guava, Strawberry, Pineapple
- \* 6 Orchids Ceylon  
Single origin Ceylon tea
- \* Earl Grey  
Assam, Kenilworth Ceylon, Oolong, oil of Bergamot
- \* Peaches & Ginger  
Chinese Hunan, Ginger & Peach pieces

### **GREEN TEA**

R40

- \* Lemongrass & Ginger  
Bancha Green, Coconut, Vanilla
- \* Emperor's Green  
Chunmee & Ginkgo Biloba leaves
- \* Jasmine Dragon

### **HERBAL TEA**

R36

- \* Peppermint  
100% Oregon Peppermint Leaves
- \* Chamomile  
100% Egyptian Chamomile Flowers



## Something cool

### **ROCK SHANDY**

R48

Elderflower & Pomegranate with a dash of Bitters topped up with Sparkling Water. A more 'Classic' Rock Shandy can also be made using our Homemade Lemonade Cordial

### **LEMONADE**

R46

Homemade with only 100% fresh Lemons

### **STRAWBERRY, GINGER & ROSE CORDIAL**

R48

Homemade with only 100% fresh Strawberries, Ginger & Rose Buds

### **KOMBUCHA — 'WILD LEAF BREW'**

R38

\* May contain traces (less than 1%) of alcohol

Raspberry, Lavender, Hibiscus

Strawberry, Lime, Mint

Apple, Ginger





*&Twenty*  
café & pantry

## **FRESHLY SQUEEZED JUICES**

ORANGE | 100% Orange

GREEN | Apple | Pineapple | Kale | Mint

R48

\* Ask your waitron for the specially selected seasonal flavours

## **SEASONAL JUICES**

Seasonal cold pressed 250ml bottle

R48

## **ICED TEA — ‘DOUBLE SHOT’**

Light Lemon | Cling Peach

R36

**COKE** 300ml glass bottle

R28

**COKE ZERO** 300ml

R30

**APPLETIZER/GRAPETIZER** 300ml

R44

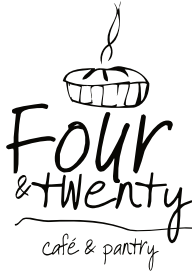
## **STILL/SPARKLING WATER**

Small 500ml

R35

Large 750ml

R44



## cocktails

### **GIGGLY ROSE**

R105

Musgrave Rose Gin | Hibiscus Tonic | Grapefruit | Rosebuds

### **JASMINE FRENCH 75**

R105

Two Gingers 'Primavera' Gin | Vanilla | Jasmine  
Topped up with Constantia Uitsig MCC

### **SPICY TART**

R105

Clemengold Gin | Finest Indian Tonic | Burnt Orange  
Star Anise | Fresh Thyme

### **HIBISCUS HEAVEN 'G & TEA'**

R105

Two Gingers 'Pink Pomelo' Gin | Hibiscus Tonic  
Raspberry & Rooibos | Ruby Grapefruit  
Topped up with Constantia Uitsig MCC

### **BLUEBERRY BUTTERFLY**

R105

Two Gingers 'Primavera' Gin | Elderflower Tonic  
Blueberry | Lime | Thyme | Butterfly Pea Flowers

### **MIMOSA**

R88

Freshly squeezed Orange Juice topped with Constantia MCC

### **STRAWBERRY, GINGER & ROSE SPRITZER**

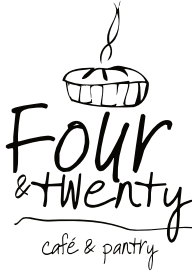
R92

Homemade Cordial topped with Constantia MCC

Non Alcoholic Substitute for all of the above gin cocktails:

\*ABSTINENCE Cape Citrus -- Premium Distilled Non-Alcoholic Spirit\*

- Alcoholic beverages sold from 11am onwards -



## Beers | ciders | coolers

<b>CASTLE LITE</b> 340ml	R36
<b>DEVIL'S PEAK</b> First Light, Golden Ale 330ml	R34
<b>DEVIL'S PEAK</b> King's Blockhouse, IPA 330ml	R38
<b>KING'S CRAFT</b> Lionheart, Lager 330ml	R38
<b>SAVANNA CIDER</b> 330ml	R44
<b>CORONA EXTRA</b> 355ml	R44

## Non-Alcoholic

<b>DEVIL'S PEAK HERO</b> 0.5% alcohol 330ml	R34
<b>BABYLONSTOREN 'VONKEL DRUIWESAP'</b>	R160
Bubbly * 100% Semillon Sparkling Grape Juice 750ml	

- Alcoholic beverages sold from 11am onwards -



## Constantia Uitsig Wines

### Methode Cap Classique & Sparkling wine

#### **CONSTANTIA UITSIG MCC EX OPPIDO MENSIS XII**

Fresh & Crisp, Biscuity & Yeasty flavours,  
leaving a Smooth & Toasty Nuttiness on the palate

flute | R82

bottle | R360

#### **BABYLONSTOREN 'VONKEL DRUIWESAP'**

Non-Alcoholic Bubbly \*  
100% Semillon Sparkling Grape Juice

bottle | R198

### White Varietals

#### **CONSTANTIA UITSIG SAUVIGNON BLANC**

A Lean & Mineral driven wine, Herbaceous Aromas  
such as Green Apple & Lime with hints of  
Gooseberry & Guava

carafe | R74

bottle | R210

#### **CONSTANTIA UITSIG 'EX OPPIDO' CHARDONNAY**

An 'Unwooded' abundance of Green Melon,  
juicy Red Apples & Lemon Zest on the nose  
with Apple & Fresh Tangerine

carafe | R74

bottle | R198

#### **CONSTANTIA UITSIG SEMILLON**

An exquisitely complex nose with Herbaceous,  
Floral, Vanilla notes & a full-bodied palate

bottle | R360

Please note:

Carafe servings are a generous 250ml

MCC served from 9am (with food)

All other alcoholic beverages served from 11am onwards



## Constantia Uitsig Wines

### **CONSTANTIA UITSIG NATURA VISTA**

bottle | R298

70% Semillon 30% Sauvignon Blanc | Aromas of Limes, Green Pepper & Vanilla with Dried Apricots on the palate

### **CONSTANTIA UITSIG CHARDONNAY RESERVE**

bottle | R360

Aged for 10 months on the lees, subtle Brioche notes  
Hints of Vanilla & Butterscotch. The essence of Sweet Melon  
Integrates well with the Oak giving structure & depth

## Rosé

### **CONSTANTIA UITSIG ROSÉ**

carafe | R72

A basket full of fresh Raspberries & Strawberries  
with an elegant touch of Minerality

bottle | R190

## Red Varietals

### **CONSTANTIA UITSIG RED HORIZON**

carafe | R82

Light bodied 100% Shiraz with aromas of Cherry &  
Black Currant is accentuated with hints of Spice & Toast

bottle | R190

### **CONSTANTIA UITSIG RED**

bottle | R525

Our full-bodied Bordeaux blend with aromas of Cherry  
& Black Currant is accentuated with hints of  
Spice, Dark Chocolate & Coffee

Please note:

Carafe servings are a generous 250ml

MCC served from 9am (with food)

All other alcoholic beverages served from 11am onwards